

# Intensive Outpatient Program (IOP) Network Exception Request Form

This form should be completed by the clinician who has a thorough knowledge of the customer's current clinical presentation and his/her treatment history. *Please note: The information contained in this form may be released to the customer or the customer's representative.*

**CPT Code 90853 does not require authorization, do not submit this form.**

## TIPS FOR COMPLETING THIS FORM:

**This form is ONLY for Out of Network IOP Providers wishing to request a Network Exception.**

- To help expedite processing of this request, please complete all sections as **specifically** and **clearly** as possible.
- Typed responses are preferred.
- Please do not send encrypted messages.
- Omissions, generalities, and illegibility will result in this request being returned for completion or clarification.

**All fields are required unless marked as '(optional)'.**

<b>Requested start date for treatment, if authorization is granted:</b> _____
Diagnosis (F codes): _____ <input type="checkbox"/> <b>Initial request</b> OR <input type="checkbox"/> <b>Continued Stay request</b>
<b>1. Customer name:</b> _____ <b>Customer date of birth:</b> _____ ID #: _____ <b>Policyholder Social Security number (SSN) (optional):</b> _____ Customer current home address: _____
<b>2. Facility name:</b> _____ <b>Taxpayer Identification Number (TIN):</b> _____ Service address: _____ Utilization Reviewer name: _____ UR phone: _____ Ext.: _____ UR FAX Number (to Receive Return Faxes): _____ Ext.: _____
<b>3. Authorization Request</b> Previous authorization number (optional): _____ Billing Code: <input type="checkbox"/> 905 MH IOP/S9480 <input type="checkbox"/> 906 CD IOP/H0015 or <input type="checkbox"/> Other: _____ Number of visits requested: <input type="checkbox"/> 30 <input type="checkbox"/> 18 <input type="checkbox"/> 12 <input type="checkbox"/> Other: _____
Treatment Modality: <input type="checkbox"/> In person <input type="checkbox"/> Telehealth Would Telehealth only be appropriate? <input type="checkbox"/> Yes <input type="checkbox"/> No If not, explain:   Number of visits per week: _____ Number of hours per day: _____ Last substance use date (optional): _____ <input type="checkbox"/> N/A (optional): <b>Planned discharge date:</b> _____ Current functional impairment (optional): _____ Aftercare plan (optional): _____

**4. Eating disorder IOP ONLY (optional):**

Current height: \_\_\_\_\_ Ideal body weight: \_\_\_\_\_ Current weight: \_\_\_\_\_ Body Mass Index (BMI): \_\_\_\_\_

Eating disorder behaviors/symptoms:

**5. List primary issues being treated:**

**Clinical Rationale for requesting the Network Exception Request:**

Please describe why any clinical treatment specialties are clinically relevant for this Evernorth customer and would be uniquely available from this provider as opposed to another providing in our existing network.

**6. Please provide any additional/relevant information.**

**7. State Specifics:**

Pennsylvania:

Is the treatment facility licensed by the Department of Pennsylvania Insurance AND is there a certification/referral from a physician or psychologist licensed by the Pennsylvania Department of Health?

Yes  No If yes, please submit any supporting documentation if possible.

**Please complete this form, save it to your computer, then submit by:**

**Fax: 1.833.213.9211\*\* (Recommended for more timely response)**

**Email: [IOPRequests@Evernorth.com](mailto:IOPRequests@Evernorth.com)**

"Evernorth Behavioral Health" refers to Evernorth Behavioral Health, Inc. and subsidiaries of Evernorth Behavioral Health, Inc., including Evernorth Behavioral Health of California, Inc., and Evernorth Behavioral Health of Texas.

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